

Sixteen Stones Center for Growth, LLC – Description of Service

Before you attend a Sixteen Stones seminar-retreat, we want you to have a clear idea of who we are and what we do. Please sign below to indicate that you have read, understood, and agreed to the following:

While all of the facilitators here are trained and licensed mental health professionals, seminar-retreats at Sixteen Stones are designed for personal education and self-reflection and are not intended to formally or informally assess, diagnose or treat any physical or mental illness. We don't keep any records on individuals who attend our seminars, and insurance companies do not cover their cost.

Because of the educational and group nature of the seminars, please don't assume things you share in the course of the seminar will remain completely confidential. There is no expectation or pressure to share personal matters with the group or the seminar facilitators, and you are encouraged to only share personal matters as you feel comfortable doing so. We occasionally use pictures of sandtrays or written comments submitted on the evaluation sheets in our advertising or on our websites, without names. We will ask permission before photographing or using your sandtray. We assume comments you submit on evaluation sheets may be used without special permission from you unless you indicate otherwise.

While we emphasize personal safety and self-care throughout the seminars, the issues we discuss and the experiences you have at Sixteen Stones may bring up difficult memories or reactions in some people. We are not able to provide continuing care or on-going treatment if this happens, and while we will attempt to provide referrals to appropriate resources if requested we cannot accept liability for such treatment.

Because of our professional licensing, we are mandatory reporters of any suspicion we may have of the sexual, physical, or emotional abuse of children or elders, or of suicidal or homicidal intent, even among those who are not our personal clients. If you are involved in abuse as either a victim or a perpetrator, or if you have suicidal or homicidal thoughts or intent, seek professional help immediately. Your medical doctor may be in the best position to provide referrals. You can also call 9-1-1 for emergency help, or go to the emergency room of the nearest hospital. Should such feelings arise during the seminar, please let us know so we can assist you in getting appropriate help.

The professional staff at Sixteen Stones are all members of the Church of Jesus Christ of Latter-day Saints (LDS), and have a commitment to its principles. While we warmly welcome people of all faiths (or no faith) to our seminars, we teach from a faith-based perspective and will occasionally include references to the beliefs and principles of the LDS Church.

Mental health professionals have an ethical responsibility to try to avoid dual relationships with clients. This is for your benefit. If you are a current or past client of a member of our staff, please discuss with her the advisability of attending a seminar she might be teaching before registering. As a general rule, we do not encourage our current clients to attend Sixteen Stones seminars we teach.

Sign: _____

Date: _____

Print: _____

Witness: _____